

# Tattoo Aftercare Guide

**Don't screw up your tattoo: read this first.**

## **Using Second Skin (Dermalize or Suprasorb F)**

If second skin was applied, it's because I controlled the bleeding, sanitized the area with proper medical prep, and made sure the tattoo was ready. The film protects the tattoo in a safe, clean environment during the most critical healing period.

For the first 48 hours - don't touch it. No peeling, no poking, no water, no nonsense.

After that, if the film is fully sealed, no dirt or water has gotten under - you can keep it on for up to 5-6 days. A bit of lymph under the film is normal. If anything leaks out, lifts, or gets wet - that's it, the clean environment is compromised. At that point, it's time to switch to dry healing.

There's a full guide on dry healing available for those who are part of my community. If you've joined or plan to - you'll get that as a bonus PDF. And if you ever have questions - I'm happy to help whenever I can.

## **Removing the Film (Day 5-6)**

- Get in the shower and run lukewarm water (not hot).
- Soap up the film gently - don't scrub, just glide the soap.
- Peel the film back slowly, not away from the skin, but along the skin.
- Wash the tattoo itself with soap and running water.
- Pat dry with disposable paper towel. Do not rub.
- Let the tattoo air-dry until you feel that light skin tightness.

Doesn't matter if that takes 2 minutes or 20. Don't skip it.

## **Cream After Removal**

Once it's dry, you can apply cream - and no, I won't name any here. The right product depends on your skin and healing type. If you're my client, you'll already have what you need. If not - follow your artist's instructions.

And yeah, I might post one day about why Bepanthen isn't the best idea.

## Looking for the full protocol?

Want the full aftercare protocol I give to my own clients?

You can get it — along with bonus PDFs, prep guidance, dry healing methods, and flash project updates — by joining my private Telegram community or filling out the form on my website.

This basic guide only scratches the surface.

→ Telegram: <https://t.me/+yzmQxbGNSu5iODJk>

→ To join the newsletter, go to my website and fill out the form

If I'm not your tattoo artist, follow the aftercare advice from the person who did your work. Every professional has their own methods — and they matter.